

WELCOME TO HILL HOUSE

January

NEWSLETTER



Wishing everyone good health and happiness and a very happy New Year. From All the House Team.

In House News

We would like to say our goodbyes to RGN Anu Sivadas who is returning home to India, she was our first Sponsored RGN to pass her OSCE. Anu will be missed by the Hill House Team and residents alike; she leaves with our love and good wishes for the future.



We had a residents and families meeting on 16/11/2023, see minutes below:

Firstly, Carol welcomed everyone and thanked them for attending. Carol explained that this was a general three-monthly residents and family or friends meeting to offer everyone the opportunity to discuss the services offered by the home and to update everyone on any changes that are happening at Hill House. CQC Monitoring – last quarter no issues or concerns raised, CQC have no plans to visit Hill House at the present time.

1. A discussion about reinstating the key worker role and explaining the responsibilities of the role: 1) to communicate with the families regarding toiletries/ clothes/keeping the room generally tidy. 2) They will be involved in the care planning process with the named RGN/AP, resident, and their families/friends. 3) they will ensure that the resident and their families are

aware of who their keyworker is, we will update all the keyworker photographs on the medication cupboards in resident's rooms, this will no longer be only a Level 3 role.

Sally Ashford asked if the resident and family could be involved in choosing a keyworker as some of the care staff had been working in the home as long or longer than her mother (219) had been a resident in the home. Carol (Manager) stated there was no reason why not as long as everyone did not request the same keyworker. It would be beneficial to have keyworkers that worked well with a resident, and I would have to bear in mind that some residents did not have good bonds with certain members of the care team.

2. Leading onto the new visual "Remember – I'm – Me Care Charts that will be implemented. I stated that we would like families to input in helping to fill them in with or for their loved one. I shared with the families and Carole H the new chart we would be using in resident's rooms and asked for their thoughts? – It was all positive feedback, and the general consensus was that it was a really good idea. Sally Ashford asked if it had to have a photograph on of her mother (219) as she thought her mother would not like her present-day photograph on it, I stated No and what about putting a photograph of a time when she was happier having her photograph taken.

3. General discussion around the implementation of CQC "I" and "WE" statements. The "I" is being what the residents' expectations are around the service we deliver and should be reflective of what Residents have said matters to them the "WE" Statements are the commitments that we as service providers should live up to and will show what is needed to deliver high-quality, person-centred care. The quality statements show how services and providers need to work together to plan and deliver high quality care. The CQC CHLOE's will be being replaced by 34 Quality Statements but will still be around SAFE, CARING, RESPONSIVE, EFFECTIVE and WELL LED. – I have sign posted the families to the CQC website or invited them to come and read the print off I have in my office.

4. Building work will commence in the offices and staffroom in the New Year, to tackle the damp issues we have. This will mean those rooms will have to be decanted into rooms 103 and 104 and the old lounge, the staff will use the old lounge as their temporary staffroom and the car park will be out of use for a short time. We will keep you regularly updated once the work begins.

5. Ben Yates is now leaving the care team to fill the full time cooks position. He has I believed found his niche and is already bringing in new ideas and is a definite enhancement to the cook's team. Irene Jones (205) wife stated that she believes the food served is always of a good standard. I stated there is always room for improvement.

6. New Care Control Signing in for visitors – from September, Hill House has been using electronic signing in on an iPad instead of the paper form. How's it going? Any feedback? – Irene Jones (205) stated she has endured a few teething problems, and she really is not IT savvy, it keeps going onto camera when she is signing in, I stated she is not to worry about it and the Hill House staffing team will support her with logging in and that goes for anyone else that struggles or has issues signing in. Everyone else present was happy with the system.

7. Christmas – over to Julie and Denise – Julie and Denise discussed all their plans for December, there will be an activity on every day of the week. Starting with the putting up of Christmas Trees and opening of Advent Calendars on 1st December. Denise and Julie to look at sourcing non chocolate advent calendars for our 5 PEG fed residents. Christmas Jumper Day 7th, Christmas Party on the 22nd, families are welcome, there will be a Christmas Raffle to raise money for the Residents Fund, any donations for the raffle will be greatly appreciated. The planned activities will be available to peruse on the activities board outside the main communal lounge.

8. Carol wound up the meeting by asking if there were any concerns or comments that anyone wanted to discuss/add? **No one wanted to add anything else, no concerns or complaints were raised.**

Everyone thanked for attending and I stated that we always welcomed feedback, or any queries and I am always available should anyone wish to pop in for a chat.

DOWN MEMORY LANE



A time for people to come together and celebrate the end of the year and the beginning of a new one, New Year's Eve is a holiday that is celebrated on

December 31st, the last day of the year. Attending events, dancing, and watching fireworks are common New Year's Eve celebrations.

Some people also make resolutions for the new year, which are promises to themselves to make more changes in their lives for the better. It's a time of joy, hope, and reflection, and is often marked by traditions and customs that vary from culture to culture.

The celebration of New Year's Eve has a history dating back thousands of years. The holiday's origins can be traced back to ancient civilizations, such as the Babylonians and the Romans, who marked the beginning of the new year with religious festivals and celebrations.

In ancient Rome, new year celebrations occurred on the first full moon in March with the festival of Anna Perenna – the goddess of the year. The festival was a time of feasting and drinking, and people would exchange gifts and make wishes for the new year.

In medieval Europe, the new year was celebrated on March 25th, which was the Feast of the Annunciation. This date marked the start of the new year on the Julian calendar, which was used at the time. The celebration of the new year on this date persisted until the adoption of the Gregorian calendar in the 16th century, which moved the start of the new year to January 1st.

New Year's Eve as it is celebrated today is largely a modern creation, with many of the traditions associated with the holiday having developed in the 20th century. Despite this, new year celebrations have a rich and varied history that spans many centuries and cultures.

Can you remember how you celebrated New Years Eve?

As the clock strikes midnight, people crossed their arms and joined hands to sing Auld Lang Syne (a traditional song dating back to the 1700s, about times gone by and good friendships) – did you partake in this activity?

Have you made New Years resolutions, did you keep to them, or did you break them? Will you be making any this year?

Entertainment In January

(SUBJECT TO CHANGES)

THURSDAY 4TH – VICAR ELIZABETH GIVING BLESSING

**2pm - ANDY SINGING BIG BAND IN THE
LOUNGE AND IN ROOMS**

**MONDAY 8TH – 2PM – LUC PLAYING HIS HARP IN THE
LOUNGE AND IN ROOMS**

THURSDAY 14TH – 2PM – LOUISE PLAYING HER SAXAPHONE

MONDAY 15TH – 2PM – GYPSY DREAMS

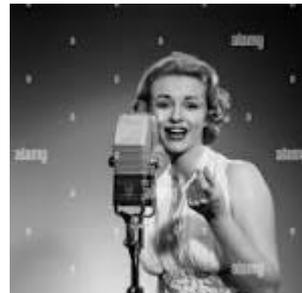
TUESDAY 16TH – 10am – SIMON AND HIS ANIMALS

THURSDAY 18TH – 2pm – LEA SINGS RETRO CLASSICS

**MONDAY 22ND – 2PM – LUC PLAYING HIS HARP IN THE
LOUNGE AND IN ROOMS**

TUESDAY 30TH – 2PM – SHINEY SHOES MAC

WEDNESDAY 31ST - 10am – SIMON AND HIS ANIMALS





Capricorn (December 22 - January 19)

What is the most valuable resource? For Capricorn, the answer is clear: Time. Capricorn is climbing the mountain straight to the top and knows that patience, perseverance, and dedication is the only way to scale. The last earth sign of the zodiac, Capricorn, is represented by the sea-goat, a mythological creature with the body of a goat and the tail of a fish. Accordingly, Capricorns are skilled at navigating both the material and emotional realms.

Aquarius (January 20 - February 18)

Despite the "aqua" in its name, Aquarius is actually the last *air* sign of the zodiac. Innovative, progressive, and shamelessly revolutionary, Aquarius is represented by the water bearer, the mystical healer who bestows water, or life, upon the land. Accordingly, Aquarius is the most humanitarian astrological sign. At the end of the day, Aquarius is dedicated to making the world a better place.

HAPPY BIRTHDAY TO:

Alison 3rd, Eric 14th and Cynthia 16th



ACTIVITIES

Hill House is sharing the minibus with three corners our sister home.

On recent trips we have been to Paignton Sea front, Broadband's, Berry Head and M n S in Torquay

JULIE AND DENISE ARE VISITING RESIDENTS IN THEIR ROOMS OFFERING 1 TO 1'S

WHERE PRACTICABLE THE FOLLOWING -

REMINISCENCE AND DISCUSS, QUIZZES,

MANICURES, READING NEWSPAPERS AND BOOKS,

ANAGRAMS, SINGALONGS, CHOICE OF GAMES,

ONE TO ONES, KARAOKE, CRAFTS, PAINTING,

ALL THE USUAL ACTIVITIES WILL STILL BE TAKING

PLACE IN THE SUN- LOUNGE DAILY WHEN RESTRICTIONS ARE LIFTED.

WE ARE HOWEVER NOW HAVING ENTERTAINERS IN THE LOUNGE AGAIN FOR RESIDENTS ONLY AT THE MOMENT. IF ANYONE WOULD LIKE TO GO OUT AROUND THE AVENUE TO LOOK AT THE GARDEN'S PLEASE ASK JULIE OR DENISE



Money and valuables

Are entered onto the Care Control Electronic Monitoring System.

All jewellery will be photographed. Monies will be counted and

A sheet completed to keep a tally of monies coming in and out.

A small request is that if families are bringing in or sending.

Money then the home is kept informed so this can be added to

the balance. Monies will be locked away in either the

medication cupboard in the resident's room or in the office safe

if this would be the preferred option for residents deemed as

lacking capacity. For residents that upon admission there is a property list completed and then this

have capacity they have the

option of keeping their money on their person, in the medication cupboard or locked drawer in their bedroom

PLEASE LABEL ALL ITEMS OF CLOTHING WITH RESIDENTS ROOM NUMBER



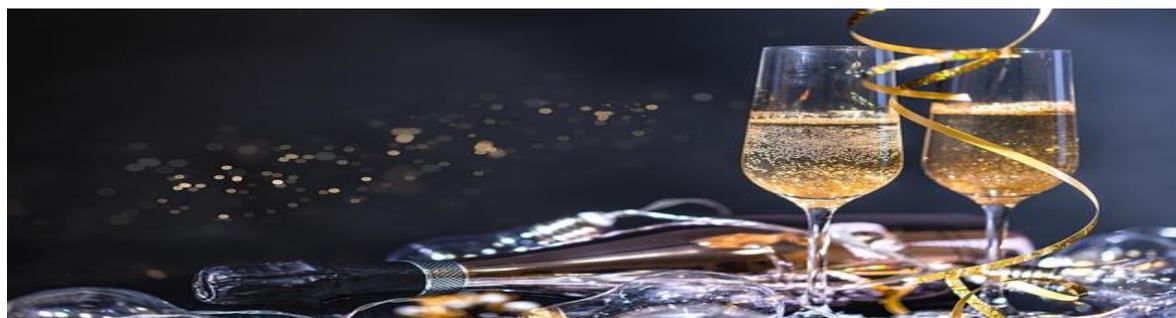
WORDSEARCH FOR JANUARY

January

T	F	G	T	O	B	O	G	G	A	N	A	D	F
E	A	S	W	E	T	S	C	O	A	T	N	N	R
N	R	N	O	O	C	K	S	I	E	E	O	E	E
O	W	O	O	S	W	I	O	N	O	L	O	O	E
L	O	W	I	G	I	I	A	H	E	I	M	S	Z
C	I	M	G	O	I	N	L	E	O	T	Z	E	I
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N	S	G	N	I	D	R	A	O	B	W	O	N	S
O	F	S	G	T	W	O	T	A	H	E	S	N	L
W	S	H	O	T	C	H	O	C	O	L	A	T	E
O	B	O	O	T	S	L	E	D	D	I	N	G	B

MITTENS
WINTER
SNOWMEN
HOT CHOCOLATE
HAT
SLEDDING
SKIING
BOOTS
FREEZING
BELOW ZERO
COAT
SNOWSHOES
ICE
TOBOGGAN
SNOWBOARDING

Play this puzzle online at : <https://thewordsearch.com/puzzle/1804062/>





The funniest New Year's jokes and puns:

1. What is a New Year's resolution?
Something that goes in one year and out the other.
2. What do snowmen like to do on New Year's Eve?
Chill out.
3. Youth is when you're allowed to stay up on New Year's Eve.
Middle age is when you're forced to.
4. What do [New Year's Day parades](#) have in common with Santa Claus?
No one is awake to see either of them.
5. My grandparents had resolutions like donating more time and money to charities. I've decided to make my own coffee once a week.
6. Why do you need a jeweller on New Year's Eve?
To ring in the New Year.
7. My [New Year's](#) resolution is to stop hanging out with people who ask me about my New Year's resolution.
8. What did the little champagne bottle call his father?
Pop

9. What's a cow's favourite holiday?

Moo Year's Eve.

10. Where can you find comedians on New Year's Eve?

Waiting for the punch line.

11. What do farmers give their wives at midnight on New Year's Eve?

Hogs and kisses.

12. An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.

13. What did the ghost say on Jan. 1?

Happy Boo Year!

14. What do you call always wanting a date for New Year's Eve?

Social security.

15. This New Year's, I'm going to make a resolution I can keep: no dieting all year long.

16. Knock, knock.

Who's there?

Abby.

Abby who?

Abby New Year!

17. Where can you go to practice math on New Year's Eve?

Times Square.

18. Why should you put your new calendar in the freezer?

To start off the New Year in a cool way.

19. What do you tell someone you didn't see on New Year's Eve?

I haven't seen you for a year!

20. This New Year's, I've resolved to lead a better life. Now all I have to do is find someone who will trade lives with me.

21. What happened to the man who shoplifted a calendar on New Year's Eve?

He got 12 months!

New Year's Reflections

"What can be said in New Year rhymes,

That's not been said a thousand times?

The new years come, the old years go,

We know we dream, we dream we know.

We rise up laughing with the light,

We lie down weeping with the night.

We hug the world until it stings,

We curse it then and sigh for wings.

We live, we love, we woo, we wed,

We wreath our prides, we sheet our dead.



