

WELCOME TO HILL HOUSE

December

NEWSLETTER



In House News

Firstly, I would like to share that Erlinda one of our night nurses was invited by his majesty king Charles 111 to a reception at Buckingham palace for Nurses and Midwives working in the UK. Well done and well-deserved Erlinda.

We had a residents and families meeting on 16/11/2023, see minutes below:

Firstly, Carol welcomed everyone and thanked them for attending. Carol explained that this was a general three-monthly residents and family or friends meeting to offer everyone the opportunity to discuss the services offered by the home and to update everyone on any changes that are happening at Hill House. CQC Monitoring – last quarter no issues or concerns raised, CQC have no plans to visit Hill House at the present time.

1. A discussion about reinstating the key worker role and explaining the responsibilities of the role: 1) to communicate with the families regarding toiletries/ clothes/keeping the room generally tidy. 2) They will be involved in the care planning process with the named RGN/AP, resident, and their families/friends. 3) they will ensure that the resident and their families are aware of who their keyworker is, we will update all the keyworker photographs on the medication cupboards in resident's rooms, this will no longer be only a Level 3 role.

Sally Ashford asked if the resident and family could be involved in choosing a keyworker as some of the care staff had been working in the home as long or longer than her mother (219) had been a resident in the home. Carol (Manager) stated there was no reason why not as long as everyone did not request the same keyworker. It would be beneficial to have keyworkers that worked well with a resident, and I would have to bear in mind that some residents did not have good bonds with certain members of the care team.

2. Leading onto the new visual "Remember – I'm – Me Care Charts that will be implemented. I stated that we would like families to input in helping to fill them in with or for their loved one. I shared with the families and Carole H the new chart we would be using in resident's rooms and asked for their thoughts? – It was all positive feedback, and the general consensus was that it was a really good idea. Sally Ashford asked if it had to have a photograph on of her mother (219) as she thought her mother would not like her present-day photograph on it, I stated No and what about putting a photograph of a time when she was happier having her photograph taken.

3. General discussion around the implementation of CQC “I” and “WE” statements. The “I” s being what the residents’ expectations are around the service we deliver and should be reflective of what Residents have said matters to them the “WE” Statements are the commitments that we as service providers should live up to and will show what is needed to deliver high-quality, person-centred care. The quality statements show how services and providers need to work together to plan and deliver high quality care. The CQC CHLOE’s will be being replaced by 34 Quality Statements but will still be around SAFE, CARING, RESPONSIVE, EFFECTIVE and WELL LED. – I have sign posted the families to the CQC website or invited them to come and read the print off I have in my office.

4. Building work will commence in the offices and staffroom in the New Year, to tackle the damp issues we have. This will mean those rooms will have to be decanted into rooms 103 and 104 and the old lounge, the staff will use the old lounge as their temporary staffroom and the car park will be out of use for a short time. We will keep you regularly updated once the work begins.

5. Ben Yates is now leaving the care team to fill the full time cooks position. He has I believed found his niche and is already bringing in new ideas and is a definite enhancement to the cook’s team. Irene Jones (205) wife stated that she believes the food served is always of a good standard. I stated there is always room for improvement.

6. New Care Control Signing in for visitors – from September, Hill House has been using electronic signing in on an iPad instead of the paper form. How’s it going? Any feedback? – Irene Jones (205) stated she has endured a few teething problems, and she really is not IT savvy, it keeps going onto camera when she is signing in, I stated she is not to worry about it and the Hill House staffing team will support her with logging in and that goes for anyone else that struggles or has issues signing in. Everyone else present was happy with the system.

7. Christmas – over to Julie and Denise – Julie and Denise discussed all their plans for December, there will be an activity on every day of the week. Starting with the putting up of Christmas Trees and opening of Advent Calendars on 1st December. Denise and Julie to look at sourcing non chocolate advent calendars for our 5 PEG fed residents. Christmas Jumper Day 7th, Christmas Party on the 22nd, families are welcome, there will be a Christmas Raffle to raise money for the Residents Fund, any donations for the raffle will be greatly appreciated. The planned activities will be available to peruse on the activities board outside the main communal lounge.

8. Carol wound up the meeting by asking if there were any concerns or comments that anyone wanted to discuss/add? No one wanted to add anything else, no concerns or complaints were raised.

Everyone thanked for attending and I stated that we always welcomed feedback, or any queries and I am always available should anyone wish to pop in for a chat.

DOWN MEMORY LANE



A School Nativity Play

**Did you play a part in your school nativity play
or remember watching your children or
grandchildren?**

**The Donkeys in these photos are particularly
amusing but don't the Angels look beautiful and
so well behaved.**

DATES FOR YOUR DIARY

SUNDAY 3RD INTERNATIONAL DAY OF DISABILITIES

SUNDAY 3RD – FIRST SUNDAY OF ADVENT

THURSDAY 7th – FRIDAY 15TH – HANUKKAH

THURSDAY 21ST – WINTER SOLSTICE

SUNDAY 24TH -CHRISTMAS EVE

MONDAY 25TH – CHRISTMAS DAY

TUESDAY 26TH – BOXING DAY

SUNDAY 31ST – NEW YEARS EVE

ENTERTAINMENT IN OCTOBER

(SUBJECT TO CHANGES)

FRIDAY 1st – DECORATING CHRISTMAS TREES

SUNDAY 3RD – CHRISTMAS CRAFTS

MONDAY 4TH – DECORATING CHRISTMAS TREES

TUESDAY 5TH – 10 am - SIMON AND HIS PETS

WEDNESDAY 6TH – 2pm – LEA SINGS RETRO CLASSICS

THURSDAY 7TH – 11am – VICAR ELIZABETH GIVING BLESSINGS

THURSDAY 7TH – 2pm – ANDY SINGING BIG BAND IN THE LOUNGE AND ROOMS

FRIDAY 8TH – CHRISTMAS CRAFTS

SUNDAY 10TH – 2pm - CLASSIC XMAS FILM IN THE LOUNGE

MONDAY 11TH – 2PM - XMAS BINGO

TUESDAY 12TH – 2PM – LUC PLAYING HIS HARP IN THE LOUNGE AND IN ROOMS

WEDNESDAY 13TH – 2PM – TORBAY OWLS IN ROOMS AND LOUNGE

THURSDAY 14TH – 2PM – LOUISE PLAYING HER SAXAPHONE

FRIDAY 15TH – 10am – SIMONS PETS

FRIDAY 15TH – 2PM - XMAS KARAOKE

SUNDAY 17TH – POSH NAILS FOR CHRISTMAS

MONDAY 18TH – 2PM – SHARON AND TIM

TUESDAY 19TH – 2PM – CHRISTMAS VELCRO GAME

WEDNESDAY 20TH – 2PM – BUILD A SANTA DICE GAME

THURSDAY 21st – PATRIC SINGING IN THE LOUNGE

FRIDAY 22ND – 2PM – CHRISTMAS PARTY WITH MAC AND BUFFET

FRIDAY 22ND ALL DAY CHRISTMAS JUMPER DAY

SUNDAY 24TH – 2PM - CHRISTMAS EVE CAROLS

RACHEL THE HAIRDRESSER WILL BE HERE WEDNESDAYS 6th AND 20th.



Sagittarius (November 22 - December 21)

Oh, the places Sagittarius goes! But... actually. This fire sign knows no bounds. Represented by the archer, Sagittarians are always on a quest for knowledge. The last fire sign of the zodiac, Sagittarius launches its many pursuits like blazing arrows, chasing after geographical, intellectual, and spiritual adventures.

Capricorn (December 22 - January 19)

What is the most valuable resource? For Capricorn, the answer is clear: Time. Capricorn is climbing the mountain straight to the top and knows that patience, perseverance, and dedication is the only way to scale. The last earth sign of the zodiac, Capricorn, is represented by the sea-goat, a mythological creature with the body of a goat and the tail of a fish.

HAPPY BIRTHDAY TO

Daisy 31ST

ACTIVITIES

Hill House is sharing the minibus with three corners our sister home.

On recent trips we have been to Paignton Sea front, Broadband's, Berry Head and M n S in Torquay

JULIE AND DENISE ARE VISITING RESIDENTS IN THEIR ROOMS OFFERING 1 TO 1'S

WHERE PRACTICABLE THE FOLLOWING -

REMINISCENCE AND DISCUSS, QUIZZES,

MANICURES, READING NEWSPAPERS AND BOOKS,

ANAGRAMS, SINGALONGS, CHOICE OF GAMES,

ONE TO ONES, KARAOKE, CRAFTS, PAINTING,

ALL THE USUAL ACTIVITIES WILL STILL BE TAKING

PLACE IN THE SUN- LOUNGE DAILY WHEN RESTRICTIONS ARE LIFTED.

WE ARE HOWEVER NOW HAVING ENTERTAINERS IN THE LOUNGE AGAIN FOR RESIDENTS ONLY AT THE MOMENT. IF ANYONE WOULD LIKE TO GO OUT AROUND THE AVENUE TO LOOK AT THE GARDEN'S PLEASE ASK JULIE OR DENISE



Money and valuables

Are entered onto the Care Control Electronic Monitoring System.

All jewellery will be photographed. Monies will be counted and

A sheet completed to keep a tally of monies coming in and out.

A small request is that if families are bringing in or sending

Money then the home is kept informed so this can be added to

the balance. Monies will be locked away in either the

medication cupboard in the resident's room or in the office safe

if this would be the preferred option for residents deemed as

lacking capacity. For residents that upon admission there is a property list completed and then this

have capacity they have the

option of keeping their money on their person, in the medication cupboard or locked drawer in their bedroom

PLEASE LABEL ALL ITEMS OF CLOTHING WITH RESIDENTS ROOM NUMBER



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Christmas jokes

What is green, covered in Christmas lights and Christmas bulbs, and goes ribbit? A mistle-toad.

What is every parent's favourite Christmas song? Silent Night!

Why did Rudolph have to attend summer school? Because he went down in history.

How did Joseph and Mary weigh baby Jesus at birth? They had a weigh in the manger.

What did Adam say on the day before Christmas? It's Christmas, Eve!

Why did the scarecrow get a big Christmas bonus? Because he was outstanding in his field.

What did the bald man say when he got a comb for Christmas? "I'll never part with it!"

What is a vegan's favourite Christmas carol? Soy to the World.

Elves use what kind of money? Jingle bills.

What happened to the man who stole an Advent Calendar? He got 25 days!

What do they sing at a snowman's birthday party? Freeze a jolly good fellow!



A Christmas legend

Three trees shivered
in the cold moonshine,
a date palm, an olive
and a dark green pine.

They whispered together,
saw a light in the sky,
paused, secrets forgotten,
heard a new baby's cry.

They stood in the yard
near the child's manger bed.
'What can we give him?'
the gentle pine said.

The olive gave oil
to soothe his small feet.
The palm promised dates,
all sticky and sweet.

'But what about me?'
the poor pine tree cried.
'I can't think of a thing.
I've tried and I've tried!'

Hearing her cries all
the stars tumbled down
to light up her branches
like a bright golden crown.

Then the pine tree stood tall
so the baby could see
on that first Christmas Day,
his first Christmas tree.

Moirra Andrew



Christmas Word Search

A	L	X	O	Y	A	D	I	L	O	H	J	O	Y	I	N	S	Q
S	G	I	N	G	E	R	M	A	H	T	A	E	R	W	M	Z	A
H	Y	S	E	M	E	A	N	S	A	M	T	S	I	R	H	C	N
P	W	O	T	R	E	E	J	Y	C	A	N	D	Y	C	A	N	E
L	R	Q	A	O	K	E	L	O	V	I	A	N	F	G	T	H	N
O	S	H	R	G	C	O	W	V	O	W	S	R	A	W	R	I	A
D	J	V	B	E	S	K	N	G	E	H	O	X	M	N	E	D	W
U	O	O	E	L	I	K	I	D	O	S	L	G	E	D	E	O	I
R	L	Q	L	S	T	H	A	N	T	L	Z	D	C	O	D	N	G
J	U	E	E	L	O	C	K	Y	G	P	E	G	S	G	N	Y	N
H	B	N	C	A	Y	L	U	T	H	L	H	E	J	Y	I	T	I
E	L	O	B	E	R	S	M	I	S	T	L	E	T	O	E	W	H
E	I	R	E	I	N	T	E	B	E	X	W	F	I	R	R	S	T

SANTA

CELEBRATE

BELLS

RUDOLPH

MISTLETOE

STOCKING

CANDY CANE

FROSTY

REINDEER

WREATH

ELVES

CHRISTMAS

TREE

JOLLY

HOLIDAY

SLEDGE