## WELCOME TO HILL HOUSE MAY NEWSLETTER



#### What are May Day tradition in UK?

Traditions often include gathering wildflowers and green branches, weaving floral garlands, crowning a May Queen (sometimes with a male companion), and setting up a Maypole, May Tree or May Bush, around which people dance. Bonfires are also part of the festival in some regions.

Does anyone remember taking part in Maypole dancing as a child or as an adults?

IN HOUSE NEWS: The Dementia Unit and CCTV & Locked Door process is now almost implemented we are just awaiting the installation of a keypad to the main door of the area to rooms 201 –208. Rooms 205,206 and 207 are having the carpets taken up and replaced with hard flooring and they will also be redecorated at the same time. The hallway as well outside rooms 205 –208 will be replaced by a hard floor. This work will be starting on the 24/04/2023. The Dementia Unit is going to have a living/ dining area created by carpeting one half of the existing old reception/dining area and new sofas and chairs have been ordered. Jodie Barnett has completed her Dementia train the trainer course and she will be delivering inhouse training from May 2023. As we go forward relatives will be encouraged to come and take part in these training sessions. Jodie and the manager Carol are going to look at making the corridors Dementia friendly with having interactive wall art:





And Murals to act as focal points and to distract residents away from entrance /exit doors. CCTV is fully operational in all areas of the home.

#### RESIDENTS, FAMILY AND FRIENDS MEETING

WE HELD THE FIRST MEETING OF THE YEAR ON THURSDAY 16<sup>th</sup> FEBRUARY.

## THERE WILL ALSO BE MEETINGS ON MAY 18<sup>th</sup>, AUGUST 17<sup>th,</sup> AND NOVEMBER 16<sup>th</sup> ALL AT A TIME TO BE ARRANGED IN THE OLD LOUNGE HILL HOUSE

#### Minutes from the meeting:

#### **Comment/Decision/Action Description**

Thank you for attending.

CQC Monitoring - Last quarter no issues or concerns raised, CQC have no plans to visit Hill House at the present time.

Human Touch Values –The group liked the design and thought the values and statement was an excellent reflection of the services provided by Hill House.

Dementia Wing and CCTV & Locked Door Implementation – I was able to tell the group that this would be starting end of February/beginning of March starting with CCTV. I discussed that we will most probably make rooms 201 -208 the Dementia Unit, as the dining area there can be utilised and made into a lounge/dining area for the residents in the unit. Jodie Barnett will be completing her Dementia train the trainer course on 28/02/2023, so she will be delivering inhouse training. No concerns or issues raised by the group; they believe this is where Nursing Home Care is going, and I stated it is going to be an exciting and rewarding challenge for the team.

AP role has been very successful, it was introduced due to the difficulties recruiting and retaining nurses. Eve and Rosie have nearly finished their trainee AP Level 5's, they will be going off then to complete their nurse training before returning to us as qualified RGN's. We are going to continue with the role, and I will be interviewing in March. Jeffi is now working as a nurse support and is studying for

her OSCE hopefully she will sit the exam in March/April, then should have her PIN by May/June time.

Lifting of the wearing of masks restriction will hopefully be on Monday 6<sup>th</sup> March. Covid and Flu reported cases are greatly reduced. Staff who have colds/coughs or have been in contact with someone who has tested positive for Covid/flu/Norovirus will wear masks whilst on duty. Any residents who have respiratory infections will be nursed by staff wearing full ppe's including masks.

Denise and Julie (Activities) – discussion was had around Hill House doing an indoor street party for the residents of Hill House for King Charles Coronation. We talked about minibus trips out if anyone had any thoughts on places to go. Irene Jones (room 205's wife) stated she had a lovely time out with her husband and Denise last year. Denise explained we have the minibus for 2 weeks every 6 weeks, rotating with our sister homes, for families wishing to meet up with their loved ones, we can provide a drop off and collect service. The introduction of a magician to our activities calendar of performers is being trialled this month, he will be performing his magic tricks in bedrooms as well as in the lounge.

Any other Business? – Alison Rich asked if she could have a dinner with her mother Joy on a Sunday, like she used to before Covid restrictions. It will start again on Sunday 19<sup>th</sup> February, Kitchen Manager SL informed. Sally Ashford asked if all the meetings would be at 2pm, I stated we would change the times around to suit but was hoping for a bigger turnout as it was at a time, we normally have a lot of visitors. This was our first face to face, and I hoped not to have to revert to zoom/teams video calls.

Meeting closed at 15.00 hours.

Easter Egg Raffle Raised £67 and the winning Ticket was Cynthia's son Vince and Daughter in law Debbie.

Please let us know of times that are more suitable for the residents and friends and families meetings. Let Julie, Denise or myself (Carol) know and we will aim to accommodate.

#### MEMORY LANE

THE CORONATION OF CHARLES III AND HIS WIFE, CAMILLA, AS KING AND QUEEN OF THE UNITED KINGDOM AND THE OTHER COMMONWEALTH REALMS IS SCHEDULED TO TAKE PLACE ON SATURDAY, 6 MAY 2023, AT WESTMINSTER ABBEY. CHARLES ACCEDED TO THE THRONE ON & SEPTEMBER 2022, UPON THE DEATH OF HIS MOTHER, ELIZABETH II



### CAN YOU REMEMBER THE CORONATION OF QUEEN ELIZABETH II? HOW DID YOU CELEBRATE THE DAY?



Hill House hope to celebrate the coronation with an indoor street party and Leah will be singing.



Thursday  $4^{th}$  – Simon and his Animals – 10 am.

Saturday  $6^{th}$  – Leah (Singer) - 2.30 - 3.30pm

Wednesday – Hairdresser – Rachael

Thursday 11<sup>th</sup> - Andy (Singer) - 1.30 - 3pm

Monday  $15^{th}$  – Luc (Harpist) - 2 – 3.30pm

Thursday 18<sup>th</sup> – Residents and Families Meeting – 2pm

Friday 19<sup>th</sup> – Patrick (Singer) - 2- 3.30pm

Monday 22<sup>nd</sup> – Leah (Singer) -2.30 - 3.30pm

Tuesday  $23^{rd}$  – Simon and his Animals – 10 am

Wednesday – Hairdresser – Rachael

Thursday 25<sup>th</sup> – Mac (Singer) - 2.30 - 3.30pm

Tuesday  $30^{th}$  – Sharon – Violinist – 2 – 3.30pm

Wednesday 31<sup>st</sup> – Louise – Saxophonist – 2.30 - 3.30pm

#### **MAY BIRTHDAYS**





<u>Taurus</u> is the sign born between April 20 to about May 20, they are practical and well-grounded zodiac sign that values the fruits of their labour. They have a strong desire to be surrounded by love and beauty, and are drawn to the material world, hedonism, and physical pleasures. Individuals born under this sign are sensual and tactile, placing great importance on touch and taste as their primary senses. They are also known for being stable and conservative, making them one of the most dependable signs of the zodiac.

<u>Gemini</u> is the star sign born between May 22 and June 22, and belong to the Air element of the zodiac (along with Libra and Aquarius). Their main Gemini traits are being super-fast, super-smart, super-adaptable and super-curious people. Geminis are flexible, extroverted, and clever, and there's never a boring moment while they're around. Their flaws include indecisiveness, impulsivity, unreliability, and nosiness, therefore don't disclose a Gemini your innermost deepest fears

#### **Happy Birthday to:**

Gordon 5<sup>th</sup>, Ray 14<sup>th</sup>, Shirley D 20<sup>th</sup>, John S 23<sup>rd</sup> & Kathleen 25<sup>th</sup>.

**ACTIVITIES** 

Hill House is sharing the minibus with Three Corners our sister home.

On recent trips we have been to Paignton Sea front, Broadsands, Berry Head and the Torbay Steam Rally and we are hoping we will soon be able to go to M n S again and Fermoy's garden centre amongst other venues.

JULIE AND DENISE ARE VISITING RESIDENTS IN THEIR ROOMS OFFERING 1 TO 1'S

WHERE PRACTICABLE THE FOLLOWING -

REMINISCENCE AND DISCUSS, QUIZZES,

MANICURES, READING NEWSPAPERS AND BOOKS,

ANAGRAMS, SINGALONGS, CHOICE OF GAMES,

ONE TO ONES, KARAOKE, CRAFTS, PAINTING,

ALL THE USUAL ACTIVITIES WILL STILL BE TAKING

PLACE IN THE SUN-LOUNGE DAILY WHEN RESTRICTIONS ARE LIFTED.

WE ARE HOWEVER NOW HAVING ENTERTAINERS IN THE LOUNGE AGAIN FOR RESIDENTS ONLY AT THE MOMENT.

IF ANYONE WOULD LIKE TO GO OUT AROUND THE AVENUE TO LOOK AT THE GARDENS,
PLEASE ASK JULIE OR DENISE



**Money and valuables** 

Are entered onto the Care Control Electronic Monitoring System.

All jewellery will be photographed. Monies will be counted and

A sheet completed to keep a tally of monies coming in and out.

A small request is that if families are bringing in or sending

Money then the home is kept informed so this can be added to

the balance. Monies will be locked away in either the

medication cupboard in the resident's room or in the office safe

if this would be the preferred option for residents deemed as

lacking capacity. For residents that upon admission there is a property list completed and then this

have capacity they have the

option of keeping their money on their person, in the medication cupboard or locked drawer in their bedroom

PLEASE LABEL ALL ITEMS OF CLOTHING WITH RESIDENTS ROOM NUMBER



Name:	Date:
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# DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

# BASEBALL BLOSSOM BUMBLEBEE BUTTERFLY CINCO DE MAYO

**FLOWERS** 

### Merry Month of May

#### Word Search





GARDEN

**GEMINI** 

GREEN

LADYBUG

LAWNMOWER

MAYPOLE

MEMORIAL DAY

MOM

MOTHER'S DAY

PIÑATA

PLANT

SEEDS.

SPRING

SUNSHINE

TAURUS

TEACHER

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#### **Spring Jokes About Animals**



- What is the chick's favourite vegetable? Eggplants.
- What type of bird should you never take to the bank? A robin.
- Do bees fly in the rain? Before they go out, they put on their yellow jackets.
- How does a bee brush its hair? With a honeycomb.
- What do sheep do on a sunny spring day? Have a Baa baa cue!
- Why is the letter A like a flower? The B comes after it!
- Why are frogs so happy? They eat whatever bugs them.
- What do you call a grizzly bear caught in the rain? A drizzly bear.
- What did the grey rabbit say to the blue rabbit? Cheer up!
- Spring is everything I wanted it to bee, and more!
- Why did the worm cross the ruler? To become an inch worm.
- What do you call a well-dressed king of the jungle? A dandy lion!
- What flower does everyone have on their face? Two-lips!
- What kind of book does a rabbit like at bedtime? One with a hoppy ending!